

Avanti's Italian Restaurant - Soups

Item	Serving Size	Calories	Total Fat	Saturated Fat	Cholesterol	Sodium	Carbs Total	Fiber	Dietary	Protein	Vitamin A	Vitamin C	Calcium	Iron
French Onion Soup w/ Croutons (Bowl)	1 ea	262	4	1	8	1373	49	1	7	0%	0%	1%	3%	
French Onion Soup (Bowl)	1 ea	68	2	1	0	1449	12	0	1	0%	0%	0%	0%	
French Onion Soup w/ Croutons (Cup)	1 ea	159	3	1	5	863	30	1	4	0%	0%	1%	2%	
French Onion w/ Swiss Soup	1 ea	292	5	2	14	1417	49	1	12	1%	0%	17%	3%	
Wisconsin Cheese Soup (Bowl)	1 ea	273	14	7	30	1293	23	0	13	95%	9%	42%	5%	
Wisconsin Cheese Soup (Cup)	1 ea	173	9	5	19	820	14	0	8	60%	6%	26%	3%	
Cream of Broccoli Soup (Bowl)	1 ea	237	14	7	47	1245	20	1	8	7%	7%	18%	2%	
Cream of Broccoli Soup (Cup)	1 ea	150	9	5	30	790	13	1	5	5%	5%	11%	2%	
Chicken Noodle Soup (Bowl)	1 ea	142	4	1	71	1056	17	1	8	9%	0%	2%	7%	
Chicken Noodle Soup (Cup)	1 ea	90	3	1	45	669	11	1	5	6%	0%	2%	5%	
Boston Clam Chowder (Bowl)	1 ea	33	19	5	19	1128	31	1	8	5%	0%	5%	8%	
Boston Clam Chowder (Cup)	1 ea	211	12	3	12	715	20	1	5	3%	0%	3%	5%	

This nutritional information is based on standard recipes and product formulas. Some variation may occur due to season, supplier, and minor differences in product assembly.