

Avanti's Italian Restaurant - Cold Sandwich

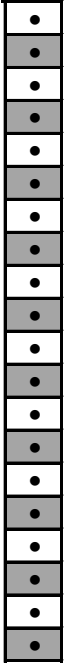
Item	Nutritional Information														Allergens										
	Serving Size	Calories	Total Fat	Saturated Fat	Cholesterol	Sodium	Total Carbs	Fiber	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron	Eggs	Fish	MSG	Milk	Mushrooms	Peanut	Trans Fat	Tree Nut	Shellfish	Wheat & Gr-	
Avanti's Famous Gondola	1 ea	1252	44	19	155	2930	158	0	28	35	4%	8%	29%	7%	•			•							•
1/2 Gondola	1 ea	606	20	9	73	1363	79	0	14	16	2%	4%	12%	4%	•			•							•
Ham and American Cheese	1 ea	1166	31	14	157	3230	159	0	32	43	4%	8%	29%	8%	•			•							•
1/2 Ham and American Cheese	1 ea	563	14	6	74	1513	79	0	16	21	2%	4%	12%	4%	•			•							•
1/2 Ham Sandwich	1 ea	502	7	2	61	1307	77	0	15	20	2%	4%	1%	4%	•			•							•
Turkey	1 ea	1136	28	10	150	1613	162	1	23	32	9%	8%	28%	8%	•			•							•
1/2 Turkey	1 ea	568	14	5	75	807	81	0	12	16	5%	4%	14%	4%	•			•							•
Cheese Sandwich	1 ea	629	26	14	74	1313	81	0	13	13	2%	4%	34%	1%	•			•							•
Gondola Deluxe	1 ea	1561	67	29	234	4469	165	1	35	62	9%	8%	53%	12%	•			•							•
1/2 Gondola Deluxe	1 ea	761	32	14	112	2132	82	0	17	30	4%	4%	24%	6%	•			•							•
Veggie Gondola	1 ea	1157	39	20	115	1606	175	3	32	33	20%	113%	80%	4%	•			•							•
1/2 Veggie Gondola	1 ea	558	18	9	52	701	87	2	16	16	10%	56%	37%	2%	•			•							•
Turkey Gondola Supreme	1 ea	1188	28	10	150	1618	175	3	29	34	16%	113%	31%	11%	•			•							•
1/2 Turkey Gondola Supreme	1 ea	594	14	5	75	809	87	2	15	17	8%	56%	16%	5%	•			•							•
Veggie Gondola w/ Turkey	1 ea	1367	48	23	205	2986	181	3	32	63	20%	113%	80%	10%	•			•							•
1/2 Veggie Gondola w/ Turkey	1 ea	663	22	10	97	1391	90	2	16	31	10%	56%	37%	5%	•			•							•
Turkey, Ham & Cheese	1 ea	1282	38	16	208	3590	163	0	27	57	4%	8%	29%	10%	•			•							•
1/2 Turkey, Ham & Cheese	1 ea	630	18	7	103	1795	81	0	14	29	2%	4%	12%	6%	•			•							•
Ham and Mozzarella Cheese	1 ea	1020	20	6	125	2409	155	0	30	43	9%	8%	25%	8%	•			•							•
1/2 Ham and Mozzarella Cheese	1 ea	510	10	3	63	1205	78	0	15	21	4%	4%	13%	4%	•			•							•

This nutritional information is based on standard recipes and product formulas. Some variations may occur due to season, supplier, and minor differences in product assembly.

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gluten



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