# **Dressings, Salads & Sides**

# MSG in the ranch, local ranch, french, bleu cheese, pasta salad

#### **BBQ**:

o Modified Corn Natural Flavors High Fructose Corn Syrup Starch Molasses o Distilled Vinegar o Salt Sodium Benzoate o Tomato Paste Spices Potassium o Natural Smoke Sorbate (added as o Sugar Concentrated Flavor preservatives)

o Caramel Color

#### **Bleu Cheese:**

o Garlic Dried

Pineapple Juice

Packet-Salt
 Monosodium
 Glutamate
 Maltodextrin
 Spices
 Onion Dried
 Buttermilk
 Soybean Oil
 Buttermilk

 Mayonnaise (soybean oil, egg yolks, water, high fructose corn syrup, distilled vinegar, apple cider vinegar, salt, spice, lemon juice concentrate, calcium disodium EDTA added to protect flavor)

o Bleu Cheese Crumbles (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Powdered Cellulose, Natamycin)

o Calcium Stearate

#### Caesar:

- Mayonnaise (soybean oil, egg yolks, water, high fructose corn syrup, distilled vinegar, apple cider vinegar, salt, spice, lemon juice concentrate, calcium disodium EDTA added to protect flavor)
- Italian Cheese Blend (Romano cheese, parmesan cheese, part skim cheese made from: pasteurized part skim milk, cheese culture, salt and enzymes, powdered cellulose added to prevent caking)
- o Red Wine Vinegar
- Lemon Juice (filtered water, lemon juice concentrate, sodium bisulfate [preservative], sodium benzoate [preservative], lemon oil)
- o Soybean Oil o Granulated Garlic
- Anchovy Paste (anchovies, olive oil, salt, vinegar, spices)

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#### Caesar cont.

- o Black Pepper
- Maggi (water, salt, wheat gluten, wheat, sugar, wheat bran, acetic acid, caramel color, disodium inosinate, disodium guanylate, artificial flavor, dextrose monohydrate, yeast)

#### **Low Fat Italian:**

- Water
- o High Fructose Corn Syrup
- o Distilled Vinegar
- Soybean Oil
- o Salt
- o Concentrated Lemon Juice
- o Dried Garlic
- o Dried Onions
- o Dried Red Bell Peppers
- o Xanthan Gum
- o Spices
- o Sodium Benzoate
- o Calcium Disodium Edta
- Natural Flavor

#### French:

- Soybean Oil
- o Water
- o Sugar
- High FructoseCorn Syrup
- o Distilled Vinegar
- o Tomato Paste
- o Corn Syrup
- Onion and Garlic
  - Powders
- o Xanthan Gum
- o Spice

- o Color
- Sodium Benzoate (added as a preservative)
- o FD & C red No.
  - 40
- o Dextrose
- o FD& C yellow No.
  - 5
- o Calcium
  - Disodium EDTA

(added to protect

flavor)

- o Spices
- DehydratedGarlic and Onion
- MonosodiumGlutamate
- o Cellulose Gum
- o Malic Acid
- Natural Flavors

#### **Honey Mustard:**

 High Fructose Corn Syrup

o Distilled Vinegar

o Dijon Mustard (water, mustard seed, distilled vinegar, salt,

white wine, spices)

o Corn Syrup

o Water

 Modified Corn Starch

o Salt

Honey

Xanthan Gum

Turmeric

Titanium Dioxide (coloring)

o Sodium Benzoate

Natural Flavor

#### Italian:

o Soybean Oil

o Sugar

Water

o Distilled Vinegar

High Fructose Corn Syrup

o Salt

o Contains 2% or Less of:

o Egg Yolk, Dried Onion, Dried Garlic, Spices, Xanthan Gum, Calcium Disodium EDTA, Oleoresin Paprika

#### **Lite Ranch:**

Buttermilk

o Soybean Oil

Water

o Egg Yolk

o Salt

o Nonfat Dry Milk

Monosodium

Glutamate

o Cream Solids

(Milk)

o Sugar

o Lactic Acid

Natural Flavor

(Milk)

o Potassium

Sorbate as a preservative, o Distilled Vinegar

o Onion

o Xanthan Gum

Spices

o Garlic

Modified Food

Starch

o Guar Gum

o Beta Carotene.

#### Ranch:

- Packet-Salt
- MonosodiumGlutamate
- Maltodextrin
- o Garlic Dried

- o Spices
- Onion Dried
- o Carrageenan
- o Buttermilk
- o Calcium Stearate
- o Mix-Mayo
- Buttermilk
- Soybean Oil

## **Buttermilk:**

- Cultured Reduced
   Fat Milk
- Nonfat Dry Milk
- o Salt
- o Sodium Citrate
- Vitamin A Palmitate
- o Vitamin D3

#### Mayo:

- o Soybean Oil
- o Egg Yolks
- Water
- High FructoseCorn Syrup
- o Distilled Vinegar
- Apple CiderVinegar
- o Salt
- o Spice
- Lemon Juice Concentrate

Calcium
 Disodium EDTA
 added to protect
 flavor

# **Balsamic Vinaigrette**

- Soybean Oil
- Imported Balsamic Vinegar
- o Corn Syrup
- o Vinegar
- o Sugar
- SagarSalt
- o Extra Virgin Olive
  - Oil

- o Roasted Garlic
- o Garlic
- Garlic Juice
- o Lemon Juice Concentrate
- o Spice
- o Garlic (Dried)
- o Xanthan Gum

- o Sodium Benzoate
  - Potassium
  - Sorbate and
  - Calcium
  - Disodium EDTA
- o Egg Yolk
- Autolyzed Yeast
  - Extract
- Onion (Dried)

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- Natural and Artificial Flavors
- Disodium Guanylate

Disodium Inosinate

Wheat

o Soy

o Citric Acid

#### **Pasta Salad:**

- Pasta (durum semolina, semolina, durum flour, spinach powder, niacin, ferrous sulfate [iron], thiamine mononitrate, riboflavin, folic acid)
- Italian Dressing (soybean oil, water, high fructose corn syrup, distilled vinegar, salt, contains less than 2% of lemon juice, garlic xanthan gum, onion tamarind, natural flavor, red bell pepper, propylene glycol alginate, spices, APO carotenal, calcium disodium EDTA added to protect flavor, beta carotene)

Black Olives
 Red Peppers
 Onions
 Spices
 Potassium
 Sorbate (to maintain freshness)

#### **Red Potato & Herb Salad:**

- Red Potatoes
- Salad Dressing (Soybean Oil, Water, High Fructose Corn Syrup, Distilled Vinegar, Egg Yolks, Modified Corn Starch, Salt, Mustard Flour, Onion Powder, Calcium Disodium EDTA, Natural Flavor)
- Mayonnaise (Soybean Oil, Whole Eggs and Egg Yolks, Vinegar, Water, Salt, Sugar, Lemon Juice, Natural Flavors)
- o Sugar
- Red Peppers
- Sweet Pickle Relish (Cucumbers, Granulated Sugar, Water, Vinegar, Salt,
   Calcium Chloride, Xanthan Gum, Sodium Benzoate, Natural Flavoring, Oleoresin
   Turmeric, Alum, Polysorbate 80)
- o Parsley
- o Green Onion
- o Herb Seasoning (Salt, Dextrose, Onion, Parsley, Autolyzed Corn Protein)
- Light Corn Syrup (Corn Syrup, Water, Salt, High Fructose Corn Syrup, Potassium Sorbate, Sodium Benzoate, Natural Flavors)

Salt
 Dehydrated
 Potassium
 Guar Gum
 White Pepper

Onion o Xanthan Gum

#### **Coleslaw:**

- Cabbage
- Salad Dressing (Soybean Oil, Water, High Fructose Corn Syrup, Vinegar, Egg Yolks, Modified Corn Starch, Salt, Mustard Flour, Onion Powder, Calcium Disodium EDTA, Natural Flavor)

o Sugar o Celery Seeds o Stabilizer

Carrots
 Salt
 White Vinegar
 Potassium
 Sorbate
 Guar Gum
 White Pepper

o Citric Acid

 Green Color (Water, High Frutose Corn Syrup, Glycerine, FD&C Yellow 5, Sugar, Modified Food Starch, FD&C Blue 1, Carrageenan, Potassium Sorbate and Sodium Benzoate, Citric Acid, Xantham Gum)

#### **Fruit Medley:**

CantaloupeHoney DewGrapes

### **Italian Vegetables:**

o Zucchini o Crinkle Cut o Baby Lima Beans

o Cauliflower Carrots o Salt

o Italian Beans

o Italian Seasoning (marjoram, thyme, rosemary, savory, sage, oregano, basil)

#### **Tartar Sauce:**

Soybean OilPickle RelishEgg Yolks

 Contains less than 2% of: Sugar, Dried Onions, High Fructose Corn Syrup, Salt, Natural Flavors, Lemon Juice Concentrate, Xanthan Gum, Mustard Flour, Calcium Disodium EDTA, Garlic Powder, Onion Powder